

SENIORS BOARD MEETING

March 14, 2019

Presiding: Selby Clark

The meeting was called to order at 2:00 p.m.

Roll call:

Present: Selby Clark, Candyce Beneke, John Palmer, Ann Crowley, Joan Johnson, Tom Brombacher, Virginia Lootens, Susan Davis, George Baker, Judy Faulkner, Rebecca Dozier

Absent: Carlos de la Torre, Stan McCandless

Minutes: The minutes (as submitted by George with notes from Candyce) were amended and approved.

Guests: Mardi Turner (Council), John Barnes (councilman-elect and Alida Drewes

Staff: Toby Brooks, Susan White

Minutes of February 14 were approved (as submitted by George).

Citizen's Comments:

1. Missing from minutes was Stan's observation that the city doesn't recognize veterans (Alida).
2. Concern about the absence of a seniors' center where seniors can congregate (Alida)
3. Concern about the absence of a trainer for seniors (Alida).¹

Council Meeting Report: Mardi Turner

1. City charter amendments are on the ballot. Votes needed for mayor pro-tem.
2. Provision to allow for three terms of two years each for mayor and city council members.
3. Harris County doesn't provide voting machines; West U. city does not intend to invest in voting machine.
4. ATT has withdrawn its application for a variance; legal issues dropped.
5. Recreation Center enhancements to be paid for by Friends of the Park.
6. Security cameras. Five vendors are bidding. 16 locations to be decided in first phase.
7. Two police officer positions have not been filled for a year.
8. Service of Direct Link to police station for \$35/month.

Parks and Recreation: Susan White

1. RFP due on March 14 for the remodeling of the Rec Center
2. Whitt Johnson Park – equipment there is from 1998; gazebo not utilized; ideas under consideration; add equipment for 2-5 year-olds.
3. New recycling containers in parks will be paid for by "Fun Run". Similar to those at West U. Elementary fields.
4. Easter Spring Fest on April 13
5. No signage planned for front desk of Rec Center

¹ *Wall Street Journal*, April 6, 2019. "Boomers Want Mature Fitness Coaches," by Hilary Potkewitz.

APAC Report

1. Virginia did not attend the January meeting for health reasons.
2. APAC meets on the 1st Thursday of the month at 9 a.m. Toby suggested having a back-up representative, but a volunteer did not step forward.

Good Neighbor Team: Toby Brooks

1. Team to meet March 21 (Thursday). Gifts planned for home-bound seniors.

Senior Services report: Toby Brooks

1. Body Pump class – MWF (full). So a new class was created that will Thursdays 10:15. \$18/month for four classes). To start in April.
2. Theme meal. 80 attended.
3. Chinese medicine (lecture)
4. “Houston Murder & Scandal” (lecture) – 50+ people
5. *Speed Friendship Day* will be held on Tuesday, April 16 at noon. There will be four interest groups (Nature, Trains/Planes/Cars, Cooking, Arts/Cultural). People will be paired up for a few minutes to learn about the other person. Afterwards, people can reconnect if there’s a match of interests and chemistry. Phone numbers will not be given out. Sign up required. A suggestion was made for Toby to sign up every member of the Seniors Board.
6. The “contra” dancing series continues, meeting 1st & 3rd Saturdays from 7:30-9:30 p.m.
7. Spanish classes continue.
8. Another exercise class planned (Tues/Thurs 8:30 a.m.) with weights and cardio.
9. Summer newsletter in preparation
10. Need two additional board members
11. Noted Community Center is open for all, 7:30 a.m. -5:30 p.m. with coffee and wi-fi
12. Regarding venue for seniors: Parks are open all day long

Old Business:

1. Mention of paperless billing for water bill

New business: None.

Adjournment: The meeting was adjourned at 3:04 p.m.

Next meeting: April 11, 2019 at 2:00 p.m.

New Business suggestions (George):

1. Consider invitation to lawyer Ruth-Ann Toups to give a presentation on estate planning (she is available June and July).
2. Comments by Susan and George re program on senior care held on April 6.